

Coach Biography



Katherine Holt, Ph.D.

Peakinsight Global Coach Network

Katherine Holt specializes in transformational coaching, working with executives to achieve breakthrough possibilities for themselves and their businesses. She helps clients build relationships with diverse stakeholders and engage everyone in addressing key challenges. She designs programs to develop leaders who will grow healthy and sustainable organizations as well as high performing ones. She is passionate about people making changes that make a difference.

Japan is a special niche for Katherine. She managed a consulting firm in Tokyo and did coaching throughout Asia-Pacific from 1993-2000. She now commutes between Colorado, Minnesota, California, and Japan – where she continues to coach local nationals, facilitate the development of cross-cultural teams, and support the on-boarding of expatriates.

Innovation is one of her passions. Katherine uses various tools to help companies change their cultures and enhance innovation in teams. She challenges clients to take a systemic view of change. Her collaborative learning approach stimulates new awareness about possibilities for the creative evolution of organizations.

Prior to establishing her own firm (Peakinsight LLC) in 2000, she worked for Personnel Decisions International, where she served as chief architect for The PROFILOR family of 360 tools. Recent clients include Agilent Technologies, BMW, Diageo, Hill's Pet Nutrition, JohnsonDiversey, McDonalds, Microsoft, PRTM, and Spansion. Katherine became an MDA affiliate in 2008 after designing their coach certification process.

Dr. Holt received her Ph.D. in Industrial Relations from the Carlson School of Business at the University of Minnesota. She spent her early career managing telephone installation and repair crews, then working as an HR generalist. She served on ASTD's Board of Directors from 2000-2002 and received their lifetime achievement award in 2005.

As a ZERI practitioner, Katherine promotes the adoption of sustainable practices to eliminate waste and achieve triple bottom line results. She used Appreciative Inquiry to facilitate a 2030 community vision project in Southwestern Colorado. Ask her about the inspiration she got from visiting Las Gaviotas in Colombia.

You can contact Katherine at 970-946-7380 (cell) or katherine@peakinsight.com

Location:

USA: Colorado
Frequent travel to Japan, California
and Minnesota

Languages:

English
Japanese (social conversation)

Tools & Certifications:

Ambiguity Architect®
Benchmarks®
CPI®
Global Personality Inventory/GPI
Hogan Leadership Forecast Series
Innovation Horizons®
KAI® (Kirton)
KEYS® to Creativity
MBTI®
The PROFILOR®
Seeds of Innovation®